

Mon Health Obstetrics & Gynecology ties ribbons of remembrance during a tree planting ceremony for Infant Loss Awareness Month.



2023



Annual Report

JAN 2023 – DEC 2023

*Because of you, we are continually progressing the lives of our patients and colleagues through unique programs, upgrades to our facilities, and specialized equipment. Our top priorities are providing patients with optimal care and improving lives in any way we can, and in 2023, we saw **extraordinary** success and truly impacted lives through the generous donations we received.*





P3 Progresses into 2024



Mon Health's Progressing through Postpartum (P3) Program is a comprehensive maternal mental health support program designed to proactively outreach patients and connect them to supportive services. Funded solely by private donations through the 2019 and 2022 Auxiliary Ball of the Year, the P3 program was seeded with over \$500,000.

Through the P3 Program, which was established in January of 2020, mothers are screened before, during, and after pregnancy for any indication of anxiety, depression, or mood disorder. This allows for early detection and management of symptoms, giving the P3 team an opportunity to connect with mothers early on and provide continuous support throughout their pregnancy and postpartum journey. A hallmark of this approach includes reaching out to all patients after delivery, regardless of screening score, to ensure those that are transitioning to parenthood with a new baby are supported and have a source for consistent information.

2023 was a year of significant growth for the P3 Program. Internally, the program has grown its staff to include a full-time

Perinatal Social Worker to follow high-risk pregnancies, and three Perinatal Navigators, one of which is based at Mon Health Stonewall Jackson Memorial Hospital, expanding the program's services to families in Lewis County.

Additionally, the P3 Program established a partnership with Moodr Health in 2023. Moodr Health is a technology innovation designed to streamline and improve the outreach procedures of the P3 Program. This web-based platform incorporates clinician-input information in a comprehensive dashboard, allows clinicians to schedule outreach, and integrates these metrics to categorize patients by risk level. The platform has improved the efficiency and effectiveness of the program's current outreach procedure by embedding a chat box within the patient profile, displaying relevant metrics alongside this chat box, and allowing multiple clinicians to collaborate on a given patient situation to offer a multidisciplinary approach to meet patient needs.

The P3 Program anticipates continued progress in 2024 with further expansion of services, growing the comprehensive referral network, and implementing their Drug Free Moms and Babies Program, a statewide initiative aimed at addressing substance use during the perinatal period and connecting these patients to treatment services. The team is also excited to present at the Institute of Reproductive Grief Care's Annual Symposium in San Diego, California in March of 2024, focusing on the value of integrated care services and the use of proactive outreach for early identification and treatment of perinatal mood changes.

"We are the first in West Virginia to offer services specific to postpartum depression, anxiety, and mood disorders, and we recognize the importance of supporting families during an overwhelming time in their lives," said Luella Gunter, Executive Director of Philanthropy and Community Affairs. "We are hopeful for the future of this program and will continue to pursue the gold standard in maternal mental health."

LEARN MORE ABOUT P3 BY VISITING
[MONHEALTH.COM/OBGYN](https://monhealth.com/obgyn)

P3 ONE MOM AT A TIME

Since inception in 2020:

- 4022 patients contacted
- 433 referrals
- 97% of participants felt more connected to their Mon Health provider

MON HEALTH'S P3 PROGRAM RECOGNITIONS AND AWARDS

- **Highmark Foundation's Bright Blue Futures Award** - Recognizes the exemplary programming and leadership in nonprofit organizations. In September, the P3 Program was recognized and awarded \$50,000 in the impactful program category.
- **West Virginia Rural Health Association's Excellence in Rural Health Organization Award** - Honors the creative and innovative work in applying knowledge and practice for the betterment of community health.
- **Berkshire Hathaway Grant** to support innovation through the implementation of wearable devices. Fitbits measure sleep, rest, and movement patterns which all affect mood, giving insight to the patient's care team.



Jennifer Bender, Perinatal Nurse Navigator of the P3 Program, and Dr. Melinda Cooper, Primary Care Provider, collaborate together on how to provide the best care possible for postpartum families.

59th Annual Ball of the Year Supports Caring Cottages



Rendering of the NEW Mon Health Caring Cottages

On October 28, the Mon Health Medical Center Auxiliary held the 59th Annual Ball of the Year supporting the development of the Caring Cottages, the new patient family stay houses to be situated on the Mon Health Medical Center campus. With Hope Gas as the Presenting Sponsor, and the generosity of all the sponsors and guests, the Auxiliary raised over \$500,000 for the project.

“We are honored to sponsor such a fantastic event that will benefit many people in the state,” Morgan O’Brien, President and CEO of Hope Gas, Inc. “We have always worked to better the communities we serve, and we are proud to partner with Mon Health System in impacting the lives of patients and their families.”

The Caring Cottages, constructed by West Virginia-based manufacturer Omnis Building Technologies, will provide a home away from home for families of patients undergoing extensive treatments, and offer a warm and welcoming environment that allows them to remain close to their loved ones throughout their medical journeys.



Oncology patient and nursing team celebrate ringing of the bell



2023 Ball of the Year Committee

“The Ball is an amazing night for philanthropy and elegance,” said Chris Battin, Mon Health Medical Center Auxiliary Board President. “We are humbled by the generosity of our guests and look forward to seeing the impact that the donations will make in the lives of patients and families.”



Mon Health and WVJC Launch New **Mobile Nursing Lab**

The West Virginia Junior College (WVJC) School of Nursing at Mon Health unveiled the new Ron and Stephanie Stovash Mobile Nursing Lab in May. This innovation was made possible by the continued support of Ron and Stephanie Stovash, The Health Plan, the Hazel Ruby McQuain Trust, and the generosity of our community.

Designed to expand access to nursing education, this training lab is a highly customized RV containing simulation hospital rooms and manikins. It provides both students and staff the opportunity to learn and practice in realistic situations, and by taking the classroom "on the road," we reach far more individuals and deeper into our rural West Virginia communities.

"This mobile simulation lab is an amazing resource with many possibilities. We look forward to the incoming class at WVJC School of Nursing and all future nursing students to benefit from its robust training resources," said Dr. Krystal Atkinson, CAO of MHMC and CNO of MHS.



Dr. Krystal Atkinson, Chief Administrative Officer of Mon Health Medical Center and Chief Nursing Officer of Mon Health System, alongside WVJC CEO, Chad Callen

Moving into 2024, telehealth will be added to the Mobile Nursing Lab thanks to funding from the Truist Charitable Fund. This mobile lab is ideal for housing a TeleDoc unit which will bring telehealth services to rural areas in West Virginia and improve access to specialized care.

MOBILE NURSING LAB ONE STUDENT AT A TIME

Since inception in May 2023:

- 15 locations
- 35 events
- 89 simulations
- 159 learners



Dedication of the Mon Health Shakuri-Rad Family Center for Minimally Invasive and Robotic Surgery

Thanks to a generous donation provided by Jaschar Shakuri-Rad, DO, FACOS, Urologist and Master Robotic Surgeon at Mon Health, Whitney Shakuri-Rad, EdD, and their family, Mon Health is proud to announce the dedication of the Mon Health Shakuri-Rad Family Center for Minimally Invasive and Robotic Surgery. The funds will be used to promote and enhance the technology and care provided in the center, allowing for our OR to produce the best clinical outcomes.

“This investment is furthering state-of-the-art technology and will allow our vision of becoming the most technologically advanced healthcare provider in the region with the warmest touch to become a reality,” said David Goldberg, President and CEO of Mon Health System and Executive Vice President of Vandalia Health.

“We are profoundly grateful for the exceptional honor bestowed upon our family. It is a tremendous privilege to be associated with an institution that tirelessly strives to improve the lives of patients and their families,” said the Shakuri-Rad family. “We hope that our contribution will make a lasting impact on the well-being of the people in our communities and state. We thank the Vandalia Health family for the opportunity to be part of the health system’s mission and for creating a legacy of healing that will resonate for years to come.”

Bottom: Dr. J. Shakuri-Rad and wife, Whitney Braham Shakuri-Rad



Fingy3D receives \$100,000 grant from Benedum Foundation

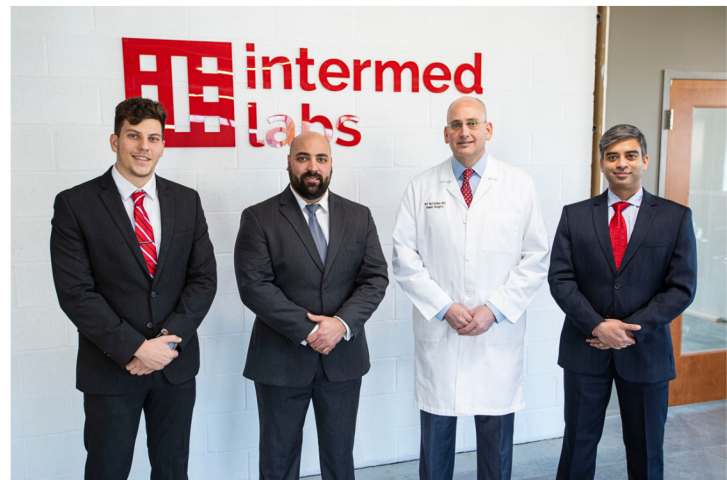
Mon Health System and Intermed Labs at Mon Health were awarded a grant of \$100,000 from the Claude Worthington Benedum Foundation to provide cutting-edge, AI-based finger prosthetics from Fingy3D to the people of West Virginia.

The revolutionary Fingy3D is a custom 3D printed finger prosthetic that utilizes artificial intelligence to ensure a perfect fit for every individual while improving access, cost, and function for patients who have experienced a finger or partial hand loss. It's unique design and construction process allows for a level of comfort and functionality previously unseen in the field of prosthetics.

"The partnership between Mon Health System and Intermed Labs exemplifies the power of collaboration in bringing life-changing technology to those in need," said Dr. Tom McClellan, Co-Founder and CEO of Intermed Labs at Mon Health. "We are incredibly grateful to the Benedum Foundation for assisting us in making a real difference in the lives of West Virginians."



Fingy3D has already gained international recognition, winning the prestigious ECRI Health Devices Achievement Award and the ASPC Innovation Award for its revolutionary approach to prosthetic solutions.



LEARN MORE BY VISITING
[FINGY3D.COM](https://fingy3d.com) & [INTERMEDLABS.COM](https://intermedlabs.com)

Appalachian Regional Commission supports **Mon Pathways to Success** with **\$493,000 INSPIRE Grant**

Mon Health was awarded \$493,000 from the Appalachian Regional Commission (ARC) to support Mon Pathways to Success. Founded in February 2023, this program drives positive systemic change through a transparent, sustainable, and comprehensive program and empowers individuals experiencing homelessness, recovery, or those who have difficulty re-entering the workforce. Graduates complete an extensive six-month educational curriculum covering life skills such as financial management, career development, health and wellness, and connects participants with valuable local resources for ongoing support. As of December 2023, the program has successfully graduated two cohorts.

“At ARC, we know that substance use disorder recovery isn’t a singular event, but a continuum. Both workforce training and ending the stigma surrounding substance use disorder are equally important in providing a renewed sense of hope and purpose to Appalachians in recovery,” said ARC Federal Co-Chair Gayle Manchin.

“We are so appreciative of Co-Chair Gayle Manchin and ARC for its investment,” said David Goldberg, President and CEO of Mon Health System and Executive Vice President of Vandalia Health. “This grant will support the development of jobs and lend a helping hand to those looking to enter the workforce through Mon Health facilities and services. Together we are moving Appalachia forward, one person at a time.”

TO LEARN MORE ABOUT MON PATHWAYS TO SUCCESS,
OR REFER AN INDIVIDUAL TO THE PROGRAM,
EMAIL MONPATHWAYS@VANDALIAHEALTH.ORG

PATHWAYS TO SUCCESS ONE PERSON AT A TIME

Since inception in February 2023:

- **6** Adults and 3 children moved out of shelters to **independent living**
- **10 Jobs filled**, improving work force shortages
- **2 Promotions**
- **3** Continuing **Education**
- **10 Families** impacted



Dr. Krystal Atkinson, Mon Pathways graduate, and Katie Davison, Chief Human Resources Officer for Mon Health System

Mon Health Preston Memorial Hospital Opens Infusion Center

Mon Health Preston Memorial Hospital opened a new comprehensive infusion center in October, ensuring that patients in rural West Virginia receive quality, close-to-home cancer care. Congressman David McKinley (ret.), along with U.S. Senators Joe Manchin and Shelly Moore Capito, secured \$580,000 in federal appropriations to construct the new facility.

Patients with cancer in Preston County no longer need to leave the region and travel an hour or more over secondary roads to receive customized chemotherapy. The opening of the Infusion Center allows patients to receive treatment in a familiar setting. "Families need to be near patients for such vulnerable care, and this helps us improve care delivery and family support by enhancing the health of the community one patient at a time," said David Goldberg, President and CEO of Mon Health System and Executive Vice President of Vandalia Health.

Melissa Lockwood, Chief Administrative Officer at Mon Health Preston Memorial Hospital, states, "With this new center, we will expand the scope of care we provide in Preston County to better serve local patients in need."



Tamara Farling: A portrait of resilience & hope, as Mon Health brings cancer care closer to home in Kingwood with the opening of the new infusion center.



Dr. Ahmad Cheema and Dr. Ihtishaam Qazi

"I understand the difference that having cancer care close-to-home makes in a patient's life," said Dr. Ihtishaam Qazi, Medical Director of Oncology for Mon Health System. "I am proud to serve our patients in Preston County and will continue working to improve the care we provide to ensure better outcomes for our patients."

Milan Puskar Foundation awards \$300,000 for Spine Clinic at Mon Health Medical Center.

Thanks to a \$300,000 grant from the Milan Puskar Foundation, we can further enhance patient care at Mon Health through our neurosurgical spine program, led by Dr. Houman Khosrovi, and the development of an in-house Spine Clinic. The grant will support the purchase of clinical and surgical equipment designed to perform specialized spinal surgery and other neurological treatments. The Spine Clinic will provide continuity of care, create a more comprehensive and holistic approach, and bring full-service neurological treatment to the patients in our community.

“We are excited to add this service line to provide support for patients in our community. We are grateful for the generous donation from the Milan Puskar Foundation supporting the purchase of surgical equipment to facilitate the start of this program. We are looking forward to seeing our first patients later this summer,” said Dr. Krystal Atkinson, CAO of MHMC and CNO of MHS.

HEALTH CAREER SCHOLARSHIPS

- \$46,000 awarded to 38 area students in 2023
- Over \$1 million awarded since inception in 1991

“I am incredibly thankful for the opportunities and generous donation provided by the Foundation that enabled me to pursue my education. I feel humbled and blessed for what I have achieved, and I cannot express enough gratitude to the donors for their support.”
Denise, RN, Health Career Scholarship Recipient



We appreciate our donors. Your investments totaled an astounding \$2.8 million.

(Contributions received January 1, 2023 - December 31, 2023)

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